

# Sterling Edwards' Watercolor Workshops

## Materials List

Sterling will have a limited inventory of his products and original art for sale at his workshops for those who would like to purchase them. You can also order his products ahead of time by going to his website store at [www.sterlingedwards.com](http://www.sterlingedwards.com). Please note that Sterling **DOES NOT** sell paper at his workshops.

The following is a list of recommended materials and tools for watercolor workshops conducted by Sterling Edwards. Participants are encouraged to bring what they have and refer to this list if they need additional items. It is not necessary; however that everyone have the exact products that Sterling uses since the techniques that you will learn work well with a wide variety of materials. Sterling **ALWAYS** encourages workshop participants to use professional grade materials to obtain the best results.

**Paper:** A good cold pressed watercolor paper is recommended. Sterling prefers 140lb and 300lb cold pressed Fabriano Artistic Traditional White watercolor paper or Arches 300 lb cold pressed Traditional paper if more texture is required. Paper can be purchased in blocks of various sizes and in individual sheets. Blocks usually consist of several pieces of paper that are glued around the edges. If individual sheets are purchased it is recommended that a mounting board of some type is also brought to the workshop.

**Brushes:** A good assortment of round and flat brushes is necessary for most of the styles of painting that are demonstrated in Sterling's workshops. Recommended brushes are; a #4, #6, #8, and #12 round watercolor brushes, and a liner or rigger brush. Flat brushes should include a ½", 1", and a 2". One or two flat stiff bristle brushes such as oil painting brushes should also be brought to the workshop. They are excellent for lifting shapes and blending edges. Sterling uses the brushes that he designed, the Sterling Edwards Blending and Glazing Brushes. They are available in 1", 1 ½", and 2".

**Paint:** Sterling uses and recommends professional grade watercolor paints. There are several good quality paints on the market that can be purchased at most art supply companies. Select a wide variety of at least twelve to fourteen colors. NOTE: Sterling uses a palette that is predominately transparent. All of the techniques that Sterling teaches work with opaque and semi-opaque colors as well as transparent. Sterling uses the following **Holbein Watercolors:**

*Cadmium Yellow Lemon, Permanent Yellow Deep, Quinacridone Gold, Burnt Sienna, Brilliant Orange, Umber, Quinacridone Scarlet, Bright Rose, Permanent Violet, Payne's Gray, Royal Blue, Cobalt Blue, Ultra Marine Deep, Green Gray*

**Palette:** A good watercolor palette with a lid is necessary. There are many styles to choose from. (Sterling uses a palette that he designed to accommodate large brushes, The Sterling Edwards Big Brush Palette)

### **Miscellaneous tools and accessories:**

Drawing pad

Pencil

Roll of toilet tissue

Roll of paper towels

Box of facial tissue (Buy the cheap stuff, not the brands that have facial lotion in them)

Kneaded eraser or soft art eraser

Hand held hair drier

Camera for photographing demos (**Video recording of any kind is strictly prohibited at Sterling's workshops**)

Reference photographs

Two containers for water

Jacket or sweater (The air conditioning is sometimes kept cooler because of all the hair dryers and crowd size)

Mounting Board for your loose paper

1" Masking Tape

**Students are not required to use the same paints or any other materials I use for my paintings. The workshops focus is technique, and creativity, not color.**

## **Holbein Watercolors**

After more than twenty years of using Maimeriblu watercolor I have decided to switch brands of paint. Maimeriblu has been increasingly difficult to buy in the last year or so and they are now changing from 15ml tubes to 12ml tubes for the same price. They are also reformulating several of the colors that I am accustomed to using. This has put me in the position of making a tough choice and changing brands.

After a lot of testing and thought, I have decided to switch to **Holbein Watercolors** and have assembled sets of my fourteen color selections that are now available in our website store in either 15ml tubes or 5ml tubes. I take great pride in announcing that I am now a member of the **Holbein Family of Artists**.

**The following are my color selections as they are arranged in my palette from left to right and the Maimeriblu colors that are similar:**

- |                          |                                    |
|--------------------------|------------------------------------|
| 1. Cadmium Yellow Lemon  | Similar to Permanent Yellow Lemon  |
| 2. Permanent Yellow Deep | Similar to Indian Yellow           |
| 3. Quinacridone Gold     | Similar to Golden Lake             |
| 4. Burnt Sienna          |                                    |
| 5. Brilliant Orange      | Similar to Orange Lake             |
| 6. Umber                 |                                    |
| 7. Quinacridone Scarlet  | Similar to Permanent Red Deep      |
| 8. Bright Rose           | Similar to Primary Red Magenta     |
| 9. Permanent Violet      | Similar to Permanent Violet Bluish |
| 10. Payne's Gray         | Similar to Payne's Gray            |
| 11. Royal Blue           | Similar to Primary Blue Cyan       |
| 12. Cobalt Blue          |                                    |
| 13. Ultra Marine Deep    |                                    |

#### 14. **Green Gray**

As I have more time to work with my new colors I will be developing preferred color mixes which will be listed in the FAQ page on my website **[www.sterlingedwards.com](http://www.sterlingedwards.com)**